



Everything for you and your baby

Our broad range of **free** services

Engelse vertaling van 'Kennismakingsfolder Brussel'

Kind & Gezin



FREE

During your pregnancy and the very important first few years of your baby's life you are sure to have plenty of questions. This is a time when you can count on Kind en Gezin (Child and Family), because we are here to answer all your concerns. We aim to offer you, your child and your family the best possible level of support. This support is provided by our nurses, family support workers, doctors and volunteers who work as a team in your area.

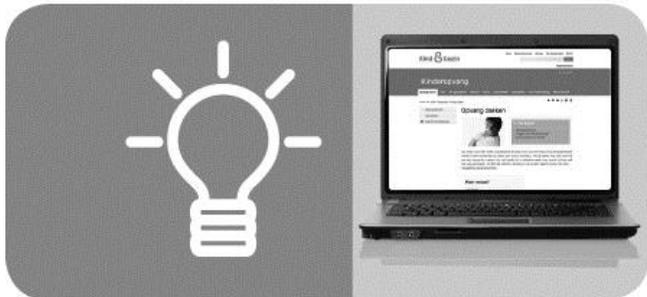
You are pregnant
Je bent zwanger





Information (Informereren)

You receive the Pregnancy Booklet, which takes you through your pregnancy from beginning to end. You can also go to our prenatal clinics or arrange a visit to your home.



Easy search (Gemakkelijk zoeken)

Start searching for childcare now! Our site offers a list of all the childcare addresses in your neighbourhood.



Answers to all your questions (Antwoord op al je vragen)

Call the **Kind en Gezin Line**. The line is open on work days between 8am and 8pm at the number **078 150 100** (national rate). Our website, **www.kindengezin.be**, also provides answers to many of your questions.

**Immediately after your
baby is born**

Net na de geboorte





Initial and early contacts (De eerste contacten)

Our team monitors your baby through home visits and appointments at the clinic. We check how you are both doing. We weigh and measure your baby. We listen to all your questions and give you tips and advice about (breast)feeding, care, etc. The nurse also gives your baby a hearing test. And all of these services are **FREE**.



Information (Informereren)

You receive a copy of the Baby Booklet, which gives tips on feeding, parenting, safety, care, health and development. And you can always call on the help of our team of doctors, nurses and family support workers.

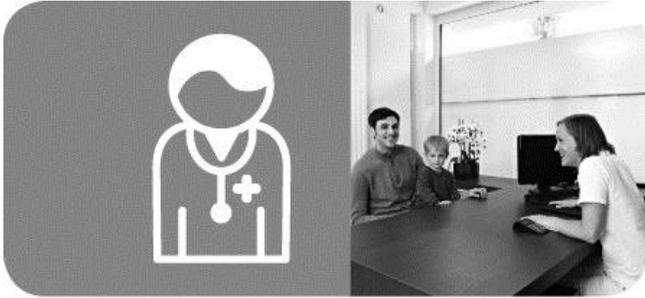


Answers to all your questions (Antwoord op al je vragen)

Come along to find the answers to your questions. Or call the **Kind en Gezin Line**. The line is open between 8am and 8 pm at the number **078 150 100** (national rate). Our website, www.kindengezin.be, also provides answers to many of your questions.

The early years of life
De eerste levensjaren





Regular consultations (Regelmatige consulten)

We continue to monitor your baby through further consultations. The doctor or nurse will check to see that your child is developing well. He/she checks the things your baby can do and how he/she does them. Your baby is given its vaccinations, and the nurse performs an eye test. And all this is free of charge too.



Tips (Tips)

During the consultations you can say what you want to say and ask any questions. You will be given tips on feeding, parenting, safety, care, health and development.



Answers to all your questions (Antwoord op al je vragen)

Come along and find the answers to your questions. Or call the **Kind en Gezin Line**. The line is open on work days between 8am and 8pm at the number **078 150 100** (national rate). Our website **www.kindengezin.be** also gives the answers to many of your questions.

We operate
from
22
locations
in Brussels.



**BRUSSELS CENTRE REGION
REGIO BRUSSEL-CENTRUM**

1 CB Brussel Dansaertstraat
Antoine Dansaertstraat 94-96
1000 Brussels

Prenatal consultations
Antoine Dansaertstraat 94-96
1000 Brussels

2 CB Brussel Noordwijk
Nicolaystraat 7
1000 Brussel

3 CB Brussel Klein Kasteeltje
Negende Linielaan 27
1000 Brussels

4 CB Evere
Sint-Vincentiusstraat 30
1140 Evere

5 CB Schaarbeek Gallaitstraat
Gallaitstraat 82
1030 Schaarbeek

6 CB Schaarbeek Van De Veldestraat
Richard Vandeveldestraat 4
1030 Schaarbeek

**BRUSSELS NORTH REGION
REGIO BRUSSEL-NOORD**

7 CB Ganshoren
Vrijdommenstraat 13
1083 Ganshoren

8 CB Haren
Verdunstraat 519
1130 Haren

9 CB Jette
Laarbeeklaan 109
1090 Jette

Prenatal consultations (UZ Brussel)
Laarbeeklaan 101
1090 Brussels

10 CB Laken
Emile Bockstaellaan 107
1020 Laken

11 CB Neder-Over-Heembeek
Frans Vekemansstraat 145
1120 Neder-Over-Heembeek

12 CB Sint-Agatha-Berchem
Kerkstraat 45
1082 Sint-Agatha-Berchem

13 CB Sint-Jans-Molenbeek Foyer
Mommaertsstraat 22
1080 Sint-Jans-Molenbeek

**14 CB Sint-Jans-Molenbeek
Ninoofsesteenweg**
Ninoofsesteenweg 124 bus A
1080 Sint-Jans-Molenbeek

**BRUSSELS SOUTH REGION
REGIO BRUSSEL-ZUID**

15 CB Anderlecht D' Aumalestraat
D'Aumalestraat 21
1070 Anderlecht

16 CB Anderlecht Korte Wolvenstraat
Korte Wolvenstraat 57
1070 Anderlecht

17 CB Anderlecht Veeartsenstraat
Veeartsenstraat 20
1070 Anderlecht

18 CB Elsene
Kroonlaan 12-14
1050 Elsene

19 CB Etterbeek
Boerenstraat 102
1040 Etterbeek

20 CB Oudergem
Waversesesteenweg 1741
1160 Oudergem

21 CB Sint-Gillis
Munthofstraat 143
1060 Sint-Gillis

22 CB Vorst
Bondgenotenstraat 54
1190 Vorst

Any other questions?

Nog vragen?

- **Call the Kind en Gezin Line**
Bel naar de Kind en Gezin-Lijn

The line is open on work days between 8am and 8pm at the number 078 150 100.

- **Visit our website**
Kijk op onze website

At www.kindengezin.be you will find everything you need to know about us. You can also subscribe to our newsletters.

You can reach us by either of the above means, even if we haven't yet contacted you.



Hallepoortlaan 27
1060 Brussel