Practical Information

Contact details

Kind en Gezin

Hallepoortlaan 27 1060 Brussel Kind en Gezin-Lijn: 078 150 100 www.kindengezin.be E-mailen kan via de contactpagina op onze website



Dit is de vertaling Engels van 'Prenatale steunpunt' en bevat identiek dezelfde informatie als de Nederlandse tekst. Deze vertaling mag enkel verspreid worden met de originele brontekst 'Prenatale steunpunt'.

Pregnant?



"Kind en Gezin" (Child and Family) offers a wealth of information for expectant parents. This lets us work together to build a future for every child. Read more at <u>www.kindengezin.be</u>.

In addition, "Kind en Gezin" wishes to provided targeted services for expectant parents who have minimal access to healthcare for administrative, personal, financial or other reasons.

Operation

"Kind en Gezin" aims to offer an easily accessible point of reception for anyone who finds it difficult to ask for assistance. Our free prenatal services consist of home visits and/or visits to a prenatal support centre. During the initial meeting, we try to identify any needs that can be addressed by the "Kind en Gezin" services.

If we have a prenatal support centre in your area, we can centralise your guidance from there.

Your first contact at the prenatal support centre will be with one of our volunteers. You will then be referred to a regional nurse and/or doctor. You can also ask to see a family social worker who is trained to understand your particular situation.

A prenatal support centre can offer the following support:

- reception
- home visit in week 8 of your pregnancy
- consultation in week 12 of your pregnancy
- consultation in week 16 of your pregnancy
- consultation in week 20 of your pregnancy
- consultation in week 24 of your pregnancy
- consultation in week 28 of your pregnancy
- home visit in week 32 of your pregnancy
- consultation in week 36 of your pregnancy
- consultation about 6 weeks after the baby is born

Services are provided according to need, so the amount of support given can vary from case to case.

If and when (additional) medical assistance is required (such as an ultrasound or care and support during childbirth), we will refer you to other care providers.

If we do not have a prenatal support centre in your area, you will receive support in the form of home visits by a regional nurse (and possibly a family social worker).

"Kind en Gezin" also has a role to play after the baby is born. Our staff are there to assist you and your baby, and we will stay involved until your child reaches the age of 3. Our services are free of charge.